

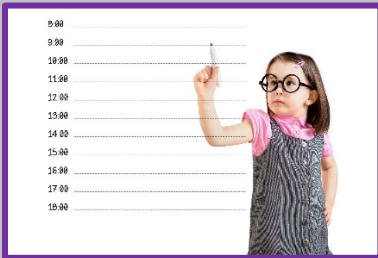
NM PUBLIC SCHOOL PRESCHOOL

IMPORTANCE OF DAILY SCHEDULES

Schedules arrange meaningful experiences for children. Schedules consist of activities that divide the day into concrete units of time. Routines are specific sets of regularly occurring actions or activities, such as cleaning up or handwashing. Schedules can be designed to increase rates of engagement, complex play, cognitive, and social development.

(EI 5.2 Follows Directions; 18.1 Self Control; 21.2 Guidance & Support)

Visual Schedules, with text and images, help children to understand what is coming up next, allowing them some ability to make predictions, and preparations for transitions. This can make children feel more secure.



Blocks of time:

- Whole Group time
- Activity/Learning Center time
- Meals
- Outdoor time
- Story time
- Rest
- Teacher-led activities

Some things to consider with daily schedules:

- Sequence of events
- Balance of active quiet times
- Small and large groups
- Balance of teacher-directed and child initiated activities
- Build in routines and transitions
- Plan for inclement weather that prohibits outdoor time.

When there are changes to the schedule:

- Prepare children ahead of time
- Announcement at large group
- Provide visual supports



References:

Center on the Social and Emotional Foundations for Early Learning. (n.d.). Retrieved from <http://csefel.vanderbilt.edu/>

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